CHAPTER 12 SECTION 2.1

# TRICARE Overseas Program (TOP) - Costs And Uniform HMO Benefits

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#### I. POLICY

A. Services and supplies which otherwise fall within the range of TRICARE benefits, including enhanced benefits, prescription drugs and durable medical equipment may be cost-shared under the TRICARE Overseas Program (TOP) when:

- 1. The diagnosis or description of illness supports the reasonableness of the procedure and is commonly accepted practice in a host country or region:
- 2. A nonavailability statement (NAS) is submitted with a claim for nonemergency inpatient care when the beneficiary resides within an overseas catchment area (usually a 40-mile radius) of a Uniformed Services Medical Treatment Facility (USMTF), when applicable. The requirement for NAS does not apply to TOP Prime enrollees and is replaced with an authorized referral from the PCM.

NOTE: Overseas catchment areas for USMTFs outside the United States are defined in the Catchment Area Directory Overseas, or maps provided by the Military Departments. A NAS issued by a USMTF outside the United States will not be valid for care received in a civilian facility within the United States. Also, a NAS issued by a USMTF inside the United States will not be valid for care received in a civilian facility outside the United States.

- B. Waiver of rigid application by the TOP contractor of the requirements for processing/review of claims has been granted by the TMA, Director to overcome variations between U.S. standards of health care practice and standards of health care practice in foreign countries. Examples of these variations are: 1) prescription drugs and durable medical equipment do not require Food and Drug Administration (FDA) approval for cost-sharing; 2) TOP foreign providers, network and non-network are not required to meet the TRICARE provider certification requirements for certification; 3) cost-sharing of prescription ordered mud baths; or 4) charges from ambulance companies for driving physicians to accidents or private residence.
- C. Payment/processing of TOP claims will follow the procedures outlined in the Operations Manual (TRICARE Operations Manual).
  - D. Copayments under the TOP shall be as follows:

- 1. TOP Standard services and supplies rendered to TOP enrollees under the TOP Standard are subject to the deductibles, copayments and cost-shares set forth in 32 CFR 199.4, for basic benefits and 32 CFR 199.5 for benefits available overseas under the Program for Persons with Disabilities.
- 2. Services and supplies rendered to TOP Prime enrollees will have copayments and deductibles waived for dates of service on or after October 1, 1997.
- 3. Waiver of copayments and deductibles under TOP Prime are subject to review and updating based on enrollment status. See paragraph II. for additional information on the benefits and costs under the TOP.
- II. BENEFITS AND BENEFICIARY PAYMENTS UNDER THE TRICARE OVERSEAS PROGARM (TOP) BEGINNING OCTOBER 1, 1997.

NOTE 1: The beneficiary payments in this attachment shall be applied beginning FY 1996 and continue until revised.

A. TOP Prime Annual Enrollment Fees:

TRICARE OVERSEAS PROGRAM PRIME			
ACTIVE DUTY FAMILY MEMBERS			
E1 - E4	E5 & ABOVE	Reserved	
None	None	Reserved	

B. TOP Standard Program Annual Deductible:

Applies to all outpatient services, does not apply to the TOP Prime:

TRICARE OVERSEAS STANDARD PROGRAM			
ACTIVE DUTY FAMILY MEMBERS			
E1 - E4	E5 & ABOVE	RETIREES, THEIR FAMILY MEMBERS AND SURVIVORS	
\$50 per Individual \$100 Maximum per Family	\$150 per Individual \$300 Maximum per Family	\$150 per Individual \$300 Maximum per Family	

NOTE 2: These charts are not intended to be a comprehensive listing of all services covered under the TOP. All care is subject to review for medical necessity and appropriateness.

# C. Outpatient Overseas Services:

BENEFICIARY COPAYMENT/COST-SHARE (SEE POINT OF SERVICE)				
TRICARE BENEFITS	TRICARE OVERSEAS PROGRAM PRIME ACTIVE DUTY FAMILY MEMBERS			
			TRICARE OVERSEAS STANDARD	
TYPE OF SERVICE	E1 - E4	E5 & ABOVE	Program	
INDIVIDUAL PROVIDER SERVICES  Office visits; outpatient office- based medical and surgical care; consultation, diagnosis and treatment by a specialist; allergy tests and treatment; osteopathic manipulation; medical supplies used within the office including casts, dressings, and splints.	None	None	Active Duty Family Members: Cost share20% of the allowable charge.  Retirees, their Family Members and Survivors: Cost share25% of the allowable charge.	
LABORATORY AND X-RAY SERVICES	None	None		
ROUTINE PAP SMEARS Frequency to depend on physician recommendations.	None	None		
AMBULANCE SERVICES  When medically necessary as defined by this Policy Manual and the service is a covered benefit.	None	None		
EMERGENCY SERVICES  Emergency and urgently needed care obtained on an outpatient basis, both network and nonnetwork, and in and out of the Region.	None	None		
DURABLE MEDICAL EQUIPMENT (DME), PROSTHETIC DEVICES, AND MEDICAL SUPPLIES PRESCRIBED BY AN AUTHORIZED PROVIDER WHICH ARE COVERED BENEFITS (If dispensed for use outside of the office or after the home visit.)	None	None		
HOME HEALTH CARE  Part-time skilled nursing care, physical, speech & occupational therapy, medical supplies, DME, portable x-ray, and drugs when medically necessary and which are covered benefits.  Note: There is a single copayment for the home health visit and all related services and supplies.	None	None		

# C. Outpatient Overseas Services: (Continued)

BENEFICIARY COPAYMENT/COST-SHARE (SEE POINT OF SERVICE)				
TRICARE BENEFITS	TRICARE OVERSEAS PROGRAM PRIME  ACTIVE DUTY FAMILY MEMBERS  E1 - E4		TRICARE OVERSEAS STANDARD PROGRAM	
TYPE OF SERVICE				
FAMILY HEALTH SERVICES Family planning and well baby care (up to 24 months of age). The exclusions listed in this Policy Manual will apply.	None	None	Active Duty Family Members: Cost share20% of the allowable charge. Retirees, their Family Members and Survivors:	
OUTPATIENT MENTAL HEALTH Medical necessity required. Authorization required for 9th and subsequent visits per fiscal year.	None	None	Cost share25% of the allowable charge.	
PRESCRIPTION DRUGS	None	None	Active Duty Family Members: Cost share\$9 or 20% of the allowable charge, whichever is greater. Retirees, their Family Members and Survivors: Cost share\$9 or 20% of the allowable charge, whichever is greater.	
AMBULATORY SURGERY (same day)	None	None	Active Duty Family Members: \$25. Retirees, their Family Members and Survivors: 25% of the allowable charge.	
IMMUNIZATIONS (See Note 3:) Immunizations required for active duty family members whose sponsors have permanent change of station orders to overseas locations.	None	None	Active Duty Family Members: Cost-share 20% of the allowable charge. Retirees, their Family Members and Survivors: Not covered under TOP Standard.	
EYE EXAMINATIONS (See Note 3:)  One routine examination per year for family members of active duty sponsors.	None	None		

NOTE 3: Additional immunizations and eye examinations are covered under the TRICARE Overseas Program Prime "clinical preventive services". See Chapter 12, Section 8.1.

### D. Inpatient Overseas Services:

BENEFICIARY COPAYMENT/COST-SHARE				
TRICARE BENEFITS	TRICARE OVERSEA	AS PROGRAM PRIME		
Type Of Service	ACTIVE DUTY FAMILY MEMBERS	RETIREES, THEIR FAMILY MEMBERS & SURVIVORS	TRICARE OVERSEAS STANDARD PROGRAM	
HOSPITALIZATION Semiprivate room (and when medically necessary, special care units), general nursing, and hospital service. Includes inpatient physician and their surgical services, meals including special diets, drugs and medications while an inpatient, operating and recovery room, anesthesia, laboratory tests, x-rays and other radiology services, necessary medical supplies and appliances, blood and blood products. Unlimited services with authorization as medically necessary.	None	Not Available	Active Duty Family Members: Per diem charge (\$25 minimum charge per admission). Retirees, their Family Members and Survivors: Per diem copayment or 25% cost-share of billed charges for institutional services, whichever is less, plus 25% cost-share of allowable for separately billed	
MATERNITY Hospital and professional services (prenatal, postnatal). Unlimited services with authorization as medically necessary.	None	Not Available	professional charges.	
SKILLED NURSING FACILITY CARE Same benefit as under Medicare except that there is no day limits under TOP/TRICARE. Benefit includes semiprivate room, regular nursing services, meals including special diets, physical, occupational and speech therapy, drugs furnished by the facility, necessary medical supplies, and appliances.  NOTE: SNF benefit will be available in Medicare certified SNFs in Puerto Rico and the U.S. Territories (Guam, the Virgin Islands and American Samoa).	None	Not Available	Active Duty Family Members: Per diem charge (\$25 minimum charge per admission). Retirees, their Family Members and Survivors: 25% cost-share of billed charges for institutional services, whichever is less, plus 25% cost-share of allowable for separately billed professional charges.	
INPATIENT MENTAL HEALTH (When medically necessary with authorization).	None	Not Available	Active Duty Family Members: Per diem charge (\$25 minimum charge per admission). Retirees, their Family Members and Survivors: Per diem cost share, that varies according to the facility or 25% cost-share of allowable charges for institutional services, whichever is less, plus 25% cost-share of allowable for separately billed professional charges.	

### E. Point Of Service:

TRICARE BENEFITS	_	SEAS PROGRAM	
Type Of Service	ACTIVE DUTY FAMILY MEMBERS	RETIREES, THEIR FAMILY MEMBERS & SURVIVORS	TRICARE OVERSEAS STANDARD PROGRAM
Applies to all non-emergency inpatient and outpatient services received by enrollees without Lead Agent authorization or from a non-network provider without Lead Agent authorization unless specifically excepted.	\$300.00	Not Available	Point of Service Option does not apply to TOP Standard beneficiaries.